

# Nashville's Best Sips



# Steepled in Community:

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It's not enough to source your beans from small, sustainable farmers in faraway countries. Most of Music City's independent coffee shops do—and roast them locally, too. Today, with more than 75 independent coffee shops in Nashville, you have to do more than just that. Coffee + flowers, yep. Coffee + cocktails, yep. Coffee + beer, uh huh. Coffee from India in a dazzling setting, that too.

Explore this list of 34 independent shops showcasing the depth and diversity of a city that takes coffee culture seriously—and serves it with generous Southern warmth.

As many coffee spots have more than one location, we picked the one we like best or the original and flagship store.

## 1 **Sump Coffee:** 8 City Blvd, ground floor

Specialty café in oneC1TY focused on light-roast, single-origin coffees and craft pour-overs

## 2 **The Horn:** 619 Murfreesboro Pike

Family-owned café offering East African-inspired drinks (like Somali chai), savory snacks and a warm community vibe

## 3 **The Fainting Goat Café:** 300 20th Ave N.

Independent café in Midtown serving made-to-order breakfast and lunch with a strong coffee and drinks menu

## 4 **Stay Golden:** 904 51st Ave. N.

Great coffee, exceptional food, homemade biscuits. Get the Southern Benedict. Located in The Nations neighborhood, in what was Harding House Brew

## 5 **Crema Coffee Roasters:** 15 Hermitage Ave.

Serious coffee accompanied by almond croissants from Dozen, but better get there early

## 6 **Dose Coffee:** 1400 McGavock Pike in Riverside Village

Serious coffee and trending technologies (like the draft iced coffee "Barcelona"). Zucchini muffins are a must

## 7 **8th & Roast:** 4104 Charlotte Ave.

Community-table café ideal for laptop work and meetings toward West Nashville

## 8 **Barista Parlor:** 519 Gallatin Ave. B

Minimalist, stylish interiors, strong specialty coffee credentials. Serious. Don't ask for an iced latte

## 9 **Americano Lounge:** 434 Houston St.

Boutique lounge-café in Wedgewood-Houston, blending high-quality coffee with a relaxed evening vibe. Cocktails, too

## 10 **Retrograde Coffee:** 1305 Dickerson Pike

Craft coffee and homemade sourdough bagels in East Nashville

## 11 **Elegy Coffee:** 150 4th Ave. N.

Refined outing in a boutique café serving coffee, tea and build-your-own breakfast sandwiches

## 12 **Bongo Java East:** 107 S. 11th St.

One of Nashville's original roasters. Board game café ambience in East Nashville



**13 cafe babu: 1044 3rd Ave. S.**

Coffee + pastries by day, wine + cocktails by night, Indian + Greek influences in a stunning setting south of downtown

**14 The Well Coffee Roasters: 4002 Granny White Pike**  
Mission-driven café in Green Hills next to Lipscomb University

**15 Humphreys Street Coffee Shop: 424 Humphreys St.**  
Social-enterprise café in Wedgewood-Houston, reinvesting profits into student scholarships and programs

**16 Flora + Fauna: 747 Douglas Ave**  
Filled with plants in East Nashville's Highland Yards, offering a relaxed, family-friendly vibe for coffee and brunch

**17 Hanna Bee Coffee: 1035 W. Eastland Ave.**  
Brunch-friendly menu of bowls and sandys + quality coffee with foams, fruit drinks and matchas in East Nashville's Eastland building

**18 Middle Grounds Coffee: 114 S 11th St, Ste 101, East Nashville**  
Cozy new café with homemade syrups

**19 Surefire Coffee Co.: 1421B 2nd Ave. N.**  
Walk-up window in Germantown. Small footprint, good for a quick stop

**20 Matryoshka Coffee: 370 Herron Dr.**  
Known for unique drink creations and art-filled local charm near the Nashville Fairgrounds.

**21 Momento Specialty Coffee: 347 Douglas Ave.**  
Smaller, community-oriented café for a quieter coffee stop in East Nashville

**22 The Den: 307 N. 16th St.**  
Cozy counter service and market serving up a neighborhood-friendly café vibe in East Nashville

**23 Dozen Bakery: 2522 Grandview Ave.**  
At its newish Woodbine location, this premier baker offers more seating to savor breakfast, lunch and baked goods, including exceptional croissants and quiche

**24 Good Citizen Coffee Co.: 706 Demonbreun St.**  
Independent roaster and café in main lobby of Embassy Suites by Hilton downtown.

**25 Steadfast Coffee: 603 Taylor St.**

Quality coffee and calm workspace in Germantown

**26 Frothy Monkey: 2609 12th Ave. S.**  
Coffee + full food menu, good for family outings or a workspace

**27 Killebrew Coffee: 401 11th Ave. S.**  
Polished environment housed in the boutique Thompson Hotel in the Gulch

**28 Just Love Coffee Cafe: 1528 Demonbreun St.**  
Hand-roasted coffee and breakfast and lunch menu in a welcoming atmosphere

**29 Osa Coffee Roasters: 1579 Edgehill Ave. + 2605 Gallatin Pike**  
Micro-cafés in Edgehill and East Nashville, waking up with walk-up windows

**30 Headquarters: 4902 Charlotte Pike**  
Teeny-tiny coffee shop across from Richland Park Farmers Market, with espresso drinks, teas, baked goods and a cozy atmosphere

**31 Paradeisos Coffee Co.: 2813 West End Ave., across from Centennial Park**  
This mission-driven café from People Loving Nashville provides job opportunities to people experiencing homelessness and restoration through community and dignity. Great mugs

**32 Momento Specialty Coffee: 4219 Lebanon Pike**  
Hermitage European-style café blending specialty coffee, in-house roasted beans, pastries, breakfast fare and savory paninis in a warm, authentic atmosphere

**33 District Coffee: 2927 Sidco Dr.**  
Coffee shop serving brews, breakfast, lunch and a comfy workspace in Berry Hill

**34 Onyx & Alabaster Designer Coffee Lounge: 234 Public Square B**  
Historic 1890's building with a coffee lounge and interior design studio in the heart of downtown Franklin

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WHERE THE

Art of *Interior* Design

MEETS THE

Art of *Coffee*



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# The Legacy of Turnip Truck Natural Market

As Turnip Truck Natural Market approaches its 25th anniversary, the mission remains unchanged: serving the community with quality food, honest sourcing, and a deep commitment to local. Built from the ground up, Turnip Truck Natural Market is a locally owned, full-service natural foods store rooted in Nashville.

# Turnip Truck

Natural Market  
Est. 2001



**2001**

**FIVE POINTS**

970 Woodland St, Nashville

Founded in 2001, the original Turnip Truck Natural Market opened as a local neighborhood store built for the community—offering real food, transparent sourcing, and a welcoming place to shop. This first location set the foundation for everything to come.



The original location in 5 Points in East Nashville.

**2015**

**HISTORIC EDGEFIELD**

701 Woodland St, Nashville

As the original store in East Nashville outgrew its space, Turnip Truck moved three blocks closer to town to better serve the community. The expansion added a full-service deli, juice bar, hot food bar, salad bar, and meat department—greatly increasing access to local food.

**2025**

**MIDTOWN**

1920 Broadway, Nashville

Opened in January 2025 during a winter storm, the Midtown location marks a full-circle moment. Built on the original site of Sunshine Grocery—John Dyke's inspiration—it honors the past while continuing the legacy of local, full-service food in the heart of the city.

**2010**

**THE GULCH**

321 12th Ave S, Nashville

In 2010, Turnip Truck introduced a new format, adding a hot food bar, salad bar, and juice bar—expanding into a more complete, full-service natural foods market designed for an urban neighborhood.

**2020**

**SYLVAN PARK**

5001 Charlotte Pike, Nashville

Opened in March 2020 during the pandemic and after the Nashville tornado, the Sylvan Park store reflected Turnip Truck's resilience—showing up for the community when it was needed most.



Today, Turnip Truck Natural Market partners with more than 75 local farmers and artisans—keeping food dollars local and communities strong.

[theturniptruck.com](http://theturniptruck.com)

# Stay Golden

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The Nations, Nashville | [stay-golden.com](http://stay-golden.com)  
breakfast + coffee + brunch + cocktails

